



**MADELINE ISLAND SCHOOL of the ARTS**

978 Middle Road, PO Box 536, La Pointe, WI 54850

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**Materials List**

***Inspire · Design · Mend by Denise DiGidio  
Materials List and Q&A***

***Materials Included in Class Fee:***

- ***Sampling Materials to make mending samplers:***
    - *Denim base*
    - *Knit base*
    - *Woven fabrics (denim, cotton, linen) for patching*
  - ***Threads and Needles:***
    - *3 colors of sashiko thread (blue + white color palette)*
    - *4 colors of wool darning yarn*
    - *2 sashiko needles*
    - *Tapestry needle*
    - *Sewing needle and thread*
  - ***Tools:***
    - *White water-soluble fabric pencil*
    - *Ruler*
    - *Snips or small scissors*
    - *Thimble*
    - *Straight pins*
    - *Darning mushroom*
  - ***Guides:***
    - *Mending guide*
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***Materials to Bring (Not Included in Class Fee):***

- ***Garments to Mend:***
    - *Jeans, jackets, wool sweaters, or any textiles in need of mending or*
    - *Garments you'd like to embellish*  
*(More helpful suggestions below)*
  - ***Sketchbook and pencil***
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### **Optional Items to Bring:**

- *Favorite fabrics for patching (e.g., colorful or patterned fabric swatches or scraps, prewashed denim, lightweight cotton, linen, silk, or wool and they should be pre-washed) (A variety of fabrics will also be provided in class.)*
  - *Additional sashiko or embroidery thread in colors you love. (Blue + white sashiko thread will be provided.)*
  - *For knitwear mending, bring yarn in a similar weight and fiber to the garment (if sampling, only darning yarn is provided).*
  - *Fabric scissors. (Extras will be available, but bringing your own is helpful.)*
  - *Personal tools or items you love for hand stitching.*
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### **Helpful Suggestions for What to Bring to Mend:**

#### **Mending Denim or Non-Stretch Fabrics:**

- *Denim items such as jeans, jackets, or tops. Non-stretch fabrics work best (some stretch in denim is okay). Avoid leggings or t-shirts if possible.*
- *Household textiles, like table linens, cloth napkins, blankets, or tote bags, are also great options.*
- *Consider garments with holes, rips, or thinning areas—multiple mends are welcome!*

#### **If Mending Knitwear is your preference:**

- *Midweight knit items like sweaters, hats, mittens, or socks are great choices.*
  - *Bring yarn of a similar weight and fiber to the knit garments you'll mend.*
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### **Things to Keep in Mind:**

- *Larger holes may require more time to mend—plan your projects accordingly.*
- *Sampling in class will cover both knit and denim techniques, but you can focus on the type of garment you prefer.*
- *If you don't have anything to mend and simply want to learn the techniques, gather in community, and explore designing, embellishing, patching, and stitching your favorite garments that have no holes or thinning areas – bring something to work on without holes or visit a thrift store and perhaps you'll find the perfect piece.*



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***Instructor Note:***

*There's no right or wrong way to approach this course. Our closets are personal, you know what you love! I can't wait to see what comes from our time together and look forward to meeting, and mending, with each of you in September!*